

F E B R U A R Y 2 0 1 9

The Suburban Connection

5132 Bellamy Manor Drive, VA Beach, VA 23464 www.sccvb.org Phone: 757.495.0352 Email: info@sccvb.org

Chili Cook-Off

As our middle and high school teenagers gear up for their mission trip to Wilmington, North Carolina (July 21st-27th) to help with disaster relief and for summer camp at Watermarks (August 4th-9th), they will be having various fund raisers to help cover the costs of both trips. The Chili Cook-Off was just one of those events. Not only was it a great time of fellowship but it was also a time of tasting the cooking abilities of our church family! Some future fund raisers to be on the look for are:

Sweetheart Banquet
Baby Sitting
Arts for Hearts
Flamingos
Bake Sale in April
YARD SALE (start cleaning out your closets)
Flowers for Mom



Brett Bonnett – Most Spicy
Kathy Jackson – Best Over-All
Ron Raymer – Most Unique

Save the Date!

Life Group Connect

February 3rd

After the Worship
service Sunday morning
in the Fellowship Hall.

Sweetheart Banquet

February 9th

6:00 pm Dinner and
Entertainment!
Please sign up by
Feb 3rd

Blood Drive

February 12th

2:00 – 7:00 pm in
the Fellowship
Hall



From the Pastors Desk: Spurgeon On God's Overflowing Generosity

Spurgeon spoke these words from the pulpit at Metropolitan Tabernacle, the church he had pastored for 38 years. This would be his last message as pastor, for it would be on this day that God would call him home. Notice how Spurgeon emphasizes the overflowing generosity of his Savior...how it enabled him to live and pastor with a heart of overflowing generosity. May God help us to experience this reality.

"Those who have no master are slaves to themselves. Depend upon it, you will either serve Satan or Christ, either self or the Savior. You will find sin, self, Satan, and the world to be hard masters; but if you wear the livery of Christ, you will find him so meek and lowly of heart that you will find rest unto your souls. He is the most magnanimous of captains. There never was his like among the choicest of princes. He is always to be found in the thickest part of the battle. When the wind blows cold he always takes the bleak side of the hill. The heaviest end of the cross lies over on his shoulders. If he bids us carry a burden, he carries it also. If there is anything that is gracious, generous, kind, and tender, yea lavish and superabundant in love, you always find it in him. These forty years and more have I served him, blessed be his name! and I have had nothing but love from him. I would be glad to continue yet another forty years in the same dear service here below if so it pleased him. His service is life, peace, joy. Oh, that you would enter on it at once! God help you to enlist under the banner of Jesus even this day! Amen."

By His Grace,
Pastor Todd



Sunday School

SCC has a great group of middle schoolers- and teachers who love them! Tim and Kathy Jackson have been leading our young people through a study of God caring for His people as He led them out of Egypt and provided for them in the wilderness. They found out the Hebrews complained (A LOT!), just like we often do. The kids discussed why God allows His people to go through difficult and uncomfortable trials. They learned that God tests our faith so that it will grow, and we will learn more and more how trustworthy He is. James 1:2 "Consider it pure joy...when you face trials of many kinds, because you know that the testing of your faith produces perseverance." How awesome that our kids are being grounded in the truth of God's Word!

Jan Grills



Men's Ministry

The annual Sweetheart Banquet is Saturday, February 9th at 6:00 p.m. Everyone is welcome and encouraged to join us for a great meal prepared by our own Hollice Wiggins, great fellowship with each other, and the crowning of our SCC 2019 Sweetheart. **Please sign up by February 3rd so the men can plan accordingly!**

Seniors' Ministry

Pastor Todd came to the January meeting and shared his exciting thoughts and plans for 2019. Afterwards we all enjoyed a delicious soup and salad luncheon.

Wednesday, February 13th, we will meet at the church at 11:15 and travel to the Chrysler Museum to see a free glass blowing demonstration. Then we will buy lunch there before returning to the church. Please sign up in the foyer or on the seniors ministry bulletin board so we know how many are going.

Thursday, February 21st, we will have our regular meeting. A representative from H&R Block will tell us about the tax changes and how it affects us. We had a great turnout in January, and we hope to see as many (or more) come to our February meeting. Mark your calendars and plan to attend and bring a friend or two!

These programs are planned and sponsored by the Seniors Ministry, but they are open to all ages. If you have suggestions for programs, please talk to one of the members of the Steering Committee. We are always looking for new ideas!

Dana Mosteller



AYM Ministry

WHERE WE'VE BEEN: JANUARY

January was a great start to 2019! We are still working our way through Romans in AYM. At the beginning of the month, we had our Girls' and Guys' night at my house and the church. The girls had a great time doing makeup challenges and the guys hung out playing games until in the last hour we all came together for a nerf war to end all nerf wars! I would say that the girls looked great and beat the guys, but it's hard to say who won. Then we had our Chili Cook-Off! Thank you to everyone that entered their chili, and a special thank you to our winners: Kathy Jackson for Best Over-All, Ron Raymer for Most Unique, and Brett Bonnett for Most Spicy. I can't wait to see what people will bring next time. Then to close out the month we had the Senior Breakfast. The lock-in the night before was so much fun. We prepared for breakfast the next morning, but we also had more nerf wars, hide and seek and watched a bunch of movies. Lock-in is always so much fun! This month has been a great start to the year, and I can't wait to see what God has in store for 2019.

MARK YOUR CALENDARS

Super Bowl Party – February 3rd

**Sweet Heart Banquet
Babysitting – February 9th**

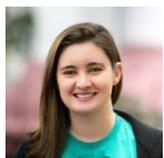
Winter Jam – February 24th



SCC Church Staff



Rev. C. Todd Haynes
Senior Pastor



Sally Harden
Director of Youth Ministry



Sarah Nelapaty
Director of Children's Ministries



MISSION: WHY DO WE EXIST?

To glorify God, by making disciples of Jesus Christ, by the power of the Holy Spirit.

VISION: WHAT WILL THAT LOOK LIKE?

A growing faith in God
A growing love for God
A growing love for others

ACTION: HOW WILL THIS HAPPEN?

Drawing near to God
Pursuing community
Reaching our world

Visit us on Facebook! Search for "Suburban Christian Church" on www.facebook.com

We want to hear from you! Contact us at newsletter@sccvb.org

Life Group Ministry

We are so excited about our Life Groups in 2019! God has done so many wonderful things through our Life Group Ministry and many of you have been touched and strengthened by God's love as you have experienced life together week after week. If you are not involved in a Life Group, please consider one of these groups... you will be so blessed!

Pastor Todd

MONDAY MORNING LIFE GROUP

Leader: Loren Duncan
Host: Mary Ann Hagerty
Time: 10:00-1:30 am
Studying: *The True You* by Stephen Meyers & Del Tacket

TUESDAY MORNING LIFE GROUP

Leader and Host: Ray & Barbara McGrady
Time: 10:30 am
Studying: *Acts: Deepening Life Together*

THURSDAY NIGHT LIFE GROUP

Leader: Kenny White
Host: David & Pat Dominicci
Time: 6:30-8:00 pm (Potluck Dinner & Bible Study)
Studying: *40 Days of Prayer* by Rick Warren

THURSDAY NIGHT LIFE GROUP

Leader & Host: Pastor Todd & Wendy Haynes
Time: 6:30-8:00 pm
Studying: *James* by Matt Chandler

THURSDAY NIGHT LIFE GROUP

Leader: Lou Miller
Host: Joe & Maria Gewerth
Time: 5:00 pm
Studying: Various Bible passages that teach us life lessons.

THURSDAY NIGHT LADIES LIFE GROUP

Leader & Host: Shelby Roundtree
Time: 6:30-8:00 pm
Studying: *Revelations of a Single Woman: Loving the Life I Didn't Expect* by Connally Gilliam

FRIDAY MID-DAY LADIES LIFE GROUP

Leader: Lynn Cooke
Time: 11:30 am-1:00 pm
Where: Conference Room at the Church
Studying: *The Shelter of God's Promises* by Sheila Walsh

FRIDAY NIGHT LIFE GROUP

Leader: Ron Raymer
Host: Don & Kathleen Staten
Time: 6:30 pm
Studying: *Authentic, Developing the Disciplines of a Sincere Faith* by James MacDonald

ALTERNATING SATURDAY NIGHT LIFE GROUP

Leader & Host: Tim & Kathy Jackson
Time: 6:30 pm
Studying: *Overcomer* by David Jeremiah



Operation Christmas Child Corner

Now is the time to make your decision about what you want to do for Operation Christmas Child in 2019. Do you want to make things? Do you want to watch for off season sales of toys and supplies? Do you want to save your change to help with the shipping? Do you want to plan to go to the Processing Center in Charlotte? Whatever you decide, know that your prayers are just as important as any of the donations you give. And, that whatever you give will be vastly appreciated. If you have questions or want to know more about how you can help, please feel free to call me, 424-9869.

Lynn Cooke

Join us in praising God for **8,801,607** shoebox gifts that were packed in the United States in 2018!

What's Happening In... Suburban Kids

February is a big month for Children's Church! We are finally able to split the age groups to provide a more meaningful and age appropriate experience for all of our Suburban Kids. The new **Junior Children's Church** program will start on the second Sunday in February and will serve our 4-year olds through Kindergarteners. **Children's Church** will now focus on our 1st through 3rd graders.



Our Junior Children's Church will begin a year long journey through the Jesus Storybook Bible. Children's Church will continue their study of the Parables.

For both of our children's churches we have moved to a rotating, team-teaching schedule for teachers. Now each teacher commits to serving for a two-month time period, every six months. The first month of service is in the position of assistant teacher, becoming familiar with how the program runs, as well as the children in it and collaborating on lesson plans with the lead teacher. This prepares the assistant to move into the lead teaching position the second month and brings a new assistant into the rotation to continue the process. We are also continuing to have the first Sunday of every month be our "Commune Together" time, in which children worship alongside the rest of the congregation. It is our hope that in this way we will alleviate teacher fatigue and allow for adults to continue to be a part of the congregational fellowship as well as best serve our children by offering as much continuity in teaching as possible and opportunities for them to learn and serve with the entire congregation.

It has been exciting to see all the children who are stepping up in their willingness to serve as ushers, handing out bulletins, in the nursery, etc. This is part of the mission of our church: **Intimacy** - growing relationships where people want to invest in one another, **Community** - fellowshiping together, and **Ministry** - serving one another and our larger community in the way Christ calls and equips each one of us!!!

It is such a blessing to be a part of seeing the way **GOD** is leading and directing each of our Children's Ministries and I would love to talk to anyone who feels the Holy Spirit calling you to be a part of reaching the next generation for Christ. Please call or text me at 757-647-3626.

Sarah Nelapaty
Director of Children's Ministries

AWANA

February is always a bit of a tough time for AWANA attendance. It seems that the cold winter weather brings about colds, the flu and so on. It is also typically a time of when energy begins to wane. However; February is Missions Month which is a perfect way to add new energy and excitement to a club. We are hoping to bring in a missionary or two to speak with the kids. (By the way if there are any SCC folks with missionary experiences please let me us know). In addition, we are looking to add new game time ideas, craft ideas, and 'Kids Reaching Kids' ideas. I would encourage all of our SCC parents with kids ages 2 through 12 to please consider registering them in our AWANA program. Sports, music lessons, and so on are indeed very important in their lives, but nothing is as important as getting the Word of God into their hearts, which is something they will use the rest of their lives and even in eternity. This is what AWANA is all about!

Tim Jackson



Hearts for Haiti

Haiti Mission Trip T-Shirt Fundraiser



We will be launching an online t-shirt sale campaign beginning February 3rd and continuing through February 21st to help raise money to support those going on our church-wide trip to Haiti. You will be able to choose between a few different colors, sizes, and styles of shirt each carrying our unique design, which will be made available starting in February. The t-shirt prices will start at \$21.00 and can vary in price depending on the style of shirt you choose to buy. You can place your orders by logging on to this URL www.bonfire.com/st-marc-haiti-mission-trip-fundraiser. If you are having trouble ordering, see Sally or Rebekah for assistance.

Rebekah Pencook



Trip Reminders for those going to Haiti:

- *Passport updated/renewed
- *Vaccinations
- *Money for plane ticket due at the end of February
- *March 1st – Team Dinner at Sally's



Mother's Day Out

Your children probably lead busy, energetic lives, no matter how old they are. But their growing minds and bodies require a healthy sleep pattern in order to function properly. Sleep is vital to health for everyone, but most importantly to children due to their rapid growth and development in such a small period of time. It is estimated that children should sleep for approximately 50% of the day. This is essential to the development of a child as their behaviors, memory and social skills mature significantly during sleep. For most kids, sleeping comes pretty naturally. Here are some tips to help your children get all the sleep they need: Maintain a regular and consistent sleep schedule. Have a relaxing bedtime routine that ends in the room where the child sleeps. Children should sleep in the same sleeping environment every night, in a room that is cool, quiet and dark – and without any stimuli before bedtime.

The American Academy of Sleep Medicine recommends the following amounts of sleep per day, based on age group (these times include naps):

- 4 to 12 months -- 12 to 16 hours
- 1 to 2 years -- 11 to 14 hours
- 3 to 5 years -- 10 to 13 hours
- 6 to 12 years -- 9 to 12 hours
- 13 to 18 years -- 8 to 10 hours



Lack of quality sleep can lead to temper tantrums, concentration and behavioral problems. Overtired children often appear wide-awake, wired, and hyperactive. Now you have a situation where they are so pumped up, they cannot easily fall asleep. Interestingly this also often induces night awakenings. So, don't be fooled by your seemingly wide-awake, not-tired children and put them to bed later. Putting them to bed earlier is actually the remedy. Sometimes even 15-20 minutes earlier may have a significant impact and be all that is needed. You may also be surprised to find that a well-rested child is easier to put to bed. Hopefully, these tips will help your children get the sleep their young bodies and minds need, so they can wake up refreshed.

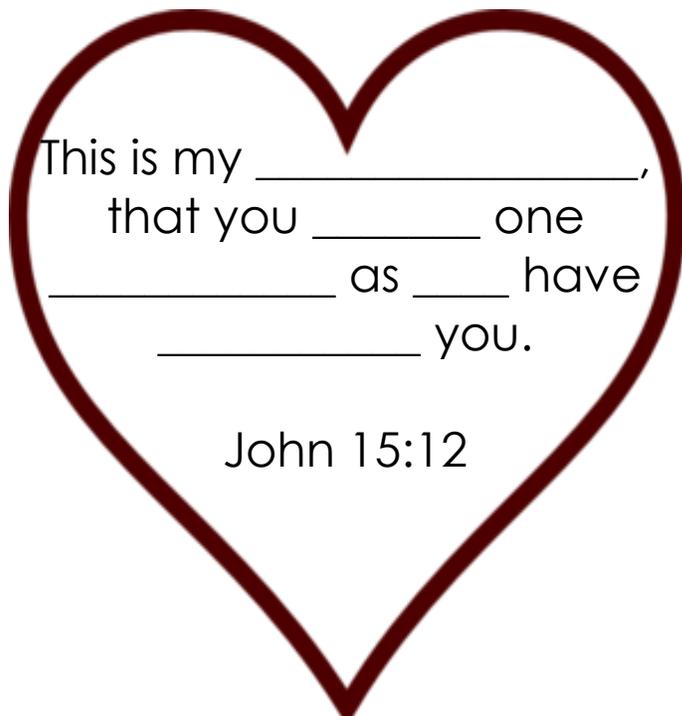
Andrea Hoover



Just for... **Suburban Kids**



Directions: Look up the following verse and fill in the blanks.



Did you know that

your heart beats about **100,000 times in ONE DAY**, it pumps about **1 MILLION BARRELS OF BLOOD** during an average lifetime, it does the **MOST PHYSICAL WORK of ANY MUSCLE** in the body, and that a woman's **HEART BEATS FASTER** than a man's heart?

WOW! God is amazing! That's why it's really important to keep our hearts healthy. Start each day with a **grateful** and **healthy** heart.

